

"Believe in yourself and all that you are.  
Know that there is something inside  
you that is greater than any obstacle."  
- Christian D. Larson

Dear Parents

"The soul becomes dyed in the colour  
of its thoughts." Marcus Aurelius

The current academic year 2023-24 has come to an end. As we approach the end of yet another beautiful year, I reflect on the remarkable journey we have shared as parents and teachers. This year brought new learning experiences and unforgettable moments, witnessing our children's steady progress on an upward trail, and fostering holistic development. The year-end brings with it annual examination time for our students, emphasizing the importance of a positive attitude towards evaluation. As we encourage a spirit of healthy competition, we instill the notion of self-improvement rather than comparison. Whether they are being tested conventionally or otherwise in more informal ways, we must cultivate the correct attitude towards evaluation. We believe that accentuating respect for rules, along with self-confidence, hard work, and consistent practice are key to life success.

Our children are fortunate to be part of loving homes and a nurturing school, fostering their growth. Teaching them to share their blessings with the less privileged, even in small ways, adds to their development. I urge parents to guide their children towards healthy outdoor pursuits rather than excessive gadget-based entertainment.

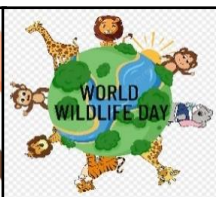
May the almighty paint the canvas of your life with vibrant hues of love, happiness, prosperity and good health!

Warm Regards  
Principal

# Newsletter | Delhi Public School

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## CLASS: IV & V



### Globally Important Days

#### 1st March – Zero Discrimination Day

The Zero Discrimination Day is observed to promote equality and eradicate discrimination based on age, gender, race, ethnicity, religion, or any other grounds.

#### 3rd March – World Wildlife Day

This day is dedicated to raising awareness about preserving wildlife and their habitats.

#### 8th March – International Women's Day

This day promotes gender equality while honouring the social, political, economic, and cultural accomplishments of women.

#### 15th March – World Consumer Rights Day

This day raises awareness about consumer rights and encourages the protection of consumers from unfair practices.

21st March – World Down Syndrome Day: It raises awareness about Down syndrome and promotes the rights, inclusion, and well-being of people with Down syndrome.

#### 27th March – Earth Hour

The Earth Hour encourages people to turn off their lights for one hour to raise awareness about climate change and promote environmental sustainability.

### Campus Clandestine

As February brought the harsh winter to an end, children got busy recapitulating whatever they had learned in the term through different activities. To balance the upcoming exam time preparations, Thursday activities were well-planned. The Kavi Goshti activity gave an opportunity for the budding poets to present poems and at the same time to appreciate the beauty and power of poetries. The Historical Newspaper activity encouraged them to learn more about different inventions through newspapers. The last activity of the academic session strengthened their geographical knowledge and facilitated discussions about different states in India.

### Amazing Facts

- Thirty of the world's highest mountains are in the Himalayas.
- Approximately 1,200 people attempt to climb Mount Everest each year, but only half reach the summit.
- Gamma-ray bursts can release more energy in 10 seconds than our Sun will in its entire life.
- If Jupiter's magnetic field were visible, it would appear bigger than the Moon.
- It takes 460 trees to absorb the annual CO2 emissions of a single car.
- On Mercury a day is twice as long as a year.

## Tongue Twisters

1. If Stu chews shoes, should Stu choose the shoes he chews?
2. I was born on a short, shiny, ship at shore.
3. A snake sneaks to seek a snack.

## Study Tips

Studying effectively is crucial for success in exams, here are some suggestions. Remember, everyone has a unique learning style, so feel free to adapt these tips to suit your preferences. Create a Schedule: Break down study sessions into manageable chunks with breaks in between.

- Set Goals: Set clear, achievable goals for each study session.
- Organize Your Materials: Keep all your study materials organized.
- Active Learning: Instead of just reading, try summarizing information in your own words or creating flashcards.
- Use Visual Aids: Diagrams, charts, and mind maps can be very helpful for understanding and remembering information.
- Practice Regularly: Practice is THE key to success.
- Take Breaks: It helps maintain focus and prevent mental fatigue.
- Healthy Lifestyle: Ensure enough sleep, eat healthily, and exercise.
- Use Technology Wisely: limit screen time to avoid distractions.
- Ask for Help: Don't hesitate to ask your teacher or a classmate for help.
- Stay Positive: Believe in your abilities and celebrate your achievements.
- Create a Distraction-Free Environment.
- Reward Yourself: Give yourself small rewards after achieving your study goals.

Good luck with your exams!

## Festive Magnitudes



**Chapchur Kut**, March 01: It is a spring festival celebrated in the North-eastern state of the country, Mizoram.

**Maha Shivratri**, March 8: It is a Hindu festival celebrated annually in honour of the deity Shiva, marking a remembrance of "overcoming darkness and ignorance" in life and the world. It is observed by chanting prayers, fasting, and meditating on ethics and virtues such as honesty, non-injury to others, charity, forgiveness, and the discovery of Shiva.

**Holi / Doljatra** March 25: Holi is a vibrant spring festival, which symbolizes forgiveness and renewed friendships. Families unite, applying colourful *gulal*, sharing sweets, and embracing traditional music. It is an exuberant occasion fostering unity and community.

**Good Friday**, March 29: It is the day when Christians commemorate the crucifixion and death of Jesus Christ. This is an important event in Christianity, as it represents the sacrifices and suffering in Jesus' life.

**Easter**, March 31: Easter is an important Christian festival- it's when Christians celebrate the resurrection of Jesus Christ.

### Do It Yourself

#### Educational links

Ted Talks on climate change-

[https://www.ted.com/talks/children\\_of\\_palau\\_leave\\_only\\_footprints\\_that\\_will\\_wash\\_away?utm\\_campaign=tedspread&utm\\_medium=referral&utm\\_source=tedcomshare](https://www.ted.com/talks/children_of_palau_leave_only_footprints_that_will_wash_away?utm_campaign=tedspread&utm_medium=referral&utm_source=tedcomshare)

Ted Talks are talks on different topics that matter to our lives. It contributes to knowledge and informs children about various topics.

World news for children-

[www.youtube.com/@CBCKidsNews](http://www.youtube.com/@CBCKidsNews)

CBC Kids News is news for children, reported on by children. These are real news stories on real topics going on, in the world around us. They range from subjects like war, mental health, and climate change to more light-hearted ones about pop culture and celebrations.

### Parental Plus

- ✓ Invest in additional educational opportunities for your children, such as sending them to a summer school, book clubs or learning camps during the vacations.
- ✓ Devise fun ways to test them and check in with them on what they have learnt. You could set a weekly quiz based on what they've learnt that week, with a prize.
- ✓ Make TV time more productive and beneficial by watching documentaries and talk shows together as a family.
- ✓ Provide them breaks from academic discussions at home, as they sometimes need to unwind and relax.